Application of GnRH antagonist in combination with clomiphene citrate and hMG for patients with exaggerated ovarian response in previous IVF/ICSI cycles

黃建榮

Lin YH;Seow KM;Hsieh BC;Huang LW;Chen HJ;Huang SC;Chen CY;Chen PH;Hwang JL;Tzeng CR

摘要

Abstract

Purpose: To investigate if the combination of clomiphene citrate, hMG, and cetrorelix (CC/hMG/cetrorelix protocol) can be applied to patients who had excessive response to GnRHa long protocol. Methods: Fifty patients who coasted and failed to conceive in their first cycles stimulated with GnRHa long protocol were stimulated with CC/hMG/cetrorelix protocol. The peak serum estradiol levels, the need of coasting and prolonged coasting (>= 4 days), and the incidences of OHSS were compared. Results: The peak estradiol level was significantly lower with CC/hMG/ cetrorelix protocol compared to GnRHa long protocol. With CC /hMG/cetrorelix protocol, only four patients (8%) needed coasting and no one coasted >= 4 days. In contrast, in the first cycles, 11 patients (22%) needed coasting >= 4 days. The incidence of moderate OHSS was significantly lower with CC/hMG/ cetrorelix protocol. Conclusions: The CC/hMG/ cetrorelix protocol is an acceptable alternative protocol for patients who had excessive response to GnRHa long protocol

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