

# 臺灣2003年底15-49歲愛滋病毒感染估計盛行率

## An Estimated Prevalence Rate of Adult (15-49) HIV Infection in Taiwan till Year 2003

潘力誠

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### 摘要

推估直至 2003 年底，台灣成人愛滋病毒感染之疫情，並評估現行通報系統的涵蓋率和潛藏感染人數，以作為未來愛滋病防治政策擬定參考依據，並由使用與世界衛生組織評估愛滋疫情相同的方式，來奠定與國際接軌的基礎。使用 2003 版，由聯合國愛滋病組織(UNAIDS)和世界衛生組織(WHO)為低度感染和集中感染地區的國家所提供計算軟體，用以推算本國愛滋病的感染人數。本研究顯示，台灣 2003 年 15-49 歲愛滋病毒感染存活人數為 9,547 人 (3,934 人—17,612 人)，盛行率為 0.07%(0.03%-0.14%)。但根據實際通報數據，國內至 2003 年 15-49 歲之累積通報感染存活數為 3,912 人。由此可知，約有 5,635 名感染者未通報者潛藏於冰山下，所以已通報個案和未知冰山下潛藏個案比為 1:1.4，亦即台灣地區的愛滋病毒感染實際人數約為通報存活人數的 2.4 倍 (1.0-4.5 倍)。綜合上述推估分析，我國的愛滋病疫情應屬於低盛行率的國家；與亞洲鄰近國家比較，略低於新加坡，與香港相當，較日本、韓國疫情略高。而台灣的通報系統涵蓋率則與日本最為相近。相對於其他國家及地區而言，我國的愛滋病疫情雖屬於低盛行率的國家，但由實際感染和通報感染人數上的差距，所間接反應出對愛滋病疫情有限的掌控程度，我國未來應就如何找出冰山下潛藏的感染人數投注更多防治策略和經費。

### Abstract

The purpose of this study was to evaluate the HIV prevalence rate in adults of Taiwan up to the end of 2003. As well as estimating the prevalence rate, the possible coverage rate of the reported cases, and the numbers of unreported cases were evaluated. These results will not only provide an important reference for implementation of future prevention policy of HIV/AIDS in Taiwan, but will also form a basis for comparison with international HIV epidemics. The tool was the 2003 version provided by UNAIDS/WHO, for making estimates of HIV/AIDS in countries with low-level or concentrated epidemics. The workbook method was used as the core

computation platform to calculate the number of HIV/AIDS infections in Taiwan. Our result shows that an estimated 9,547 persons (range 3,934-17,612) amongst adults aged 15-49 years in Taiwan were living with HIV at the end of 2003. The estimated HIV prevalence rate of adults was 0.07% (range 0.03%-0.14%). Compared with the 3,912 persons with HIV/AIDS reported by Taiwan Center for Disease Control in 2003, a possible 5,635 people remained unreported. Moreover, the ratio of reported case numbers to unreported ones was 1:1.4. In other words, the potential number of HIV cases could be 2.4 times (range: 1-4.5) the number of reported ones. When compared with similar Asian countries, the HIV prevalence of Taiwan is slightly lower than that of Singapore, close to that of Hong Kong and higher than that of Korea and Japan. The coverage rate of reported cases is 42% in Taiwan, which is similar to that of Japan. The data indicates that, although Taiwan still remains at the stage of "low prevalence epidemic", there is a large discrepancy between reported and unreported cases. It is therefore strongly suggested that more is invested in developing effective surveillance techniques in order to identify all the unreported cases.