

精神衛生護理師培訓內容-建構精神衛生護理評估實務能力.

The Construction of Clinical Competence in Psychiatric Mental Health Nursing Assessment

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摘要

本文目的為建構精神衛生護理師在精神衛生護理評估實務能力之培訓內容，以提昇護理實務能力。以行動研究法由產學界專家所組成的「精神衛生護理臨床實務能力核心小組」，剛開始草擬對此核心項目之研究指標建構之研究現劃，再加上種子成員共同討論與分析「精神衛生護理評估」應具備之實務能力必備要項、舉辦種子團隊會議與研習會共同對「精神衛生護理評估」在實務能力之內容（必備能力要項、定義與行為操作）做更臻完整之討論與統整，期望對精神衛生護理人員在精神衛生護理評估之能力的提昇，藉以推展甄審制度建立精神護理專業角色之定位，作為日後甄審辦法訂定之依據。

Abstract

The purpose of this study was to establish clinical competencies for the purposes of psychiatric mental health nursing assessments, and in order to improve the clinical skills of nurses. Using action research and starting from May, 2004, a group of experts was engaged to draw up a research plan in line with these terms of reference, and, along with up-and-coming talents in the profession, to discuss and analyze essential clinical competencies to be required in assessments for psychiatric mental health nursing. They held exploratory group meetings and workshops to engage in comprehensive, all-encompassing discussion of the content of clinical competencies for psychiatric health nursing (necessary competency standards, definitions, and actions to have been taken). These findings could serve as a basis on which the accreditation committee for psychiatric mental health nursing might evaluate the clinical competence of psychiatric mental health nurses in this core ability. The development of clinical competence for mental health nursing assessments may further enhance the skills of nurses in assessing psychiatric patients and in the professionalization of psychiatric mental health nursing.