Nursing Experience of Caring a Lung Cancer Patient in the Terminal Stage

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Abstract

Lung cancer is among one of the cancer with high mortality rate. In the terminal stage of lung cancer, the impact of cancer on patients could be multiple, including physical, mental, social, and spiritual. This article used Gordon's assessment tool to assess the problems of terminal stage lung cancer patient that included pain, fever, caregiver role strain, and anticipatory grieving. By reducing pain level and keeping temperature in the normal range, the nurse tried to improve the patient's quality of life. In addition, the primary nurse also carefully listened to the family caregiver's feeling and encouraged them to express their thoughts about dying in order to reduce the stress and grief. The patient and her family members copied with their grieving process. In the end, the primary nurse and caregiver worked together to help the patient live in a peaceful and respected life in the terminal stage of her life. This article could provide clinical nursing staff more information in caring patients with terminal lung cancer.