What Should Further Developments Dealing with Sexual Dysfunction in This Century Consist of?

With the evolution of therapies for ED during the last few decades, and the greater awareness of the existence of effective treatments, more patients are requesting evaluation and treatment for their sexual dvsfunction in this century. The rational approach for ED patients has changed to being goal orientated and patient directed. In some cases, the underlying etiology of ED needs to be diagnosed from detailed examinations. However, most patients are just looking for a convenient and effective treatment such as oral medications. At present, the diagnosis and treatment of ED have evolved to the point where virtually all kinds of organic ED can be successfully treated if patients can accept any kind of definite therapy. However, psychogenic factors as well as partner and marital relationships remain the most tough problem in dealing with the management of sexual dysfunction even after solving the erectile difficulty for the male. In fact, during the last 2-3 years (after the launching of sidenafil), scientists have shifted part of their attention from male sexual dysfunction and have generated tremendous research interest in understanding female sexual physiology and treatment options for female sexual dysfunction. 32-33 I believe that more consideration of female sexual dysfunction, patient-partner counseling, and comprehensive sex therapy is the basis for further success of sexual dysfunction treatment in this century.

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