

Instructions for Specimen Collection of Stool Examination

1. This specimen is used for stool routine examination.
2. Use a plastic stick to pick up a peanut-sized specimen and place it in a plastic container. (Container provided by the examination room.)
3. DO NOT let urine or toilet tissue mix in the sample.
4. Deliver the stool sample to the examination room as soon as possible. If unable to return the sample within an hour, please store the sample in the refrigerator.
5. For three days before and during stool collection period, avoid red meat and animal organs (beef, lamb, and liver).

If you have any question please call:02-2249-0088 ext.1402

糞便檢體收集說明單

1. 適用於糞便常規檢驗。
2. 採集小指頭大小的糞便，置於糞便採檢盒（檢驗科提供）。
3. 採集時請避免糞便污染到水；尿液；或其它分泌物（如經血），也請勿用衛生紙包裹。
4. 一般糞便檢體採集後，請儘快送檢。如不能立刻送檢，可置陰涼處或冷藏保存，隔天送檢。
5. 但糞便如為液態糞便，請於一小時內送檢。
6. 收集糞便時，請保持採檢盒外部之乾淨，並避免糞便外漏。
7. 最好在受檢前三天開始禁食肉類、動物內臟。

※如有疑問請電(02)2249-0088轉1402

健康文章內文主要提供民眾降低對疾病因不了解產生之不安和恐懼，但不可取代實際的醫療行為，所以身體如有不適請您前往醫院就醫治療。