## L-3-

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## **L-3-Hydroxybutyrate in Rat Tissues**

 $L - 3$ 

## NSC 91-2320-B-038-041

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 $3-$  D- L- $D-3 L-3-$ 

CHIRALCEL OD-RH  $NBD-PZ$   $L-3 L - D-3$ -3.98  $(3.61\%)$  106.20  $\mu$ M  $(96.39\%),$  $L-3-$  3- $(28.58%)$  $L-3 L=3-$ 

## **Abstract**

L-3-Hydroxybutyrate (L-3HB), the enantiomer of D-3-hydroxybutyrate (D-3HB), has traditionally been regarded as the "unnatural" ketone body in mammals, although there is suspicion that it is a more-favorable energy fuel for mammalian tissues compared to D-3HB. In the present study, we prove that L-3HB is an original substance in rat serum by applying fluorescence derivatization and a column-switching high-performance liquid chromatography (HPLC) system as the analysis

technique. Racemic 3HB in rat serum derivatized using 4-nitro-7-piperazino-2,1,3-benzoxadiazole (NBD-PZ) was first separated by an ODS column, and was further confirmed by verifying the disappearance of the racemic 3HB peak after pretreating rat serum with D-3-hydroxybutyryl dehydrogenase (D-3HB dehydrogenase). A switching valve was used to simultaneously introduce isolated racemic 3HB to the enantiomeric separation by two CHIRALCEL OD-RH columns connected in tandem. An L-isomer was found to accompany the D-isomer, which were quantified to be 3.98 (3.61%) and 106.20 µM (96.39%), respectively. Using the present analytical method, the dubious interpretation of the existence of L-3HB was clarified.

**Keywords**: *L-3-Hydroxybutyrate, Derivatization, NBD-PZ, Enantiomeric separation, Cellulosebased chiral column, Column-switching HPLC*.

Traditionally, ketone bodies in mammals, which are formed via β-oxidation of fatty acids in the liver, have been thought to consist of acetoacetate, D-3HB, and acetone [1]. The enantiomer of D-3HB, L-3HB, was considered to be an "unnatural" ketone body and to be absent under physiological conditions. However, L-3HB as well as D-3HB can be incorporated into hepatic lipids, brain proteins, and amino acids during the developmental period of neonatal rats [2, 3]. In

addition, L-3HB was shown to be a more-favorable substrate than other ketone bodies for sterol and fatty acid synthesis in the brain, spinal cord, and kidney [4].

This superior utilization of L-3HB was noted in several investigations which attempted to identify related enzymes responsible for L-3HB metabolism, or its original source. Three enzymes, including L-3-hydroxybutyryl CoA dehydrogenase, L-3-hydroxybutyryl CoA deacylase, and L-3-hydroxybutyryl CoA ligase, were proposed by Reed and Ozand [5] to be required for the production and utilization of L-3HB. The liver, heart, and skeletal muscle were shown to contain substantial activities of L-3-hydroxybutyryl CoA dehydrogenase, and this enzyme in the liver was suggested to function in the production of L-3HB. On the contrary, Lincoln *et al.* [6] showed that L-3HB was not metabolized by a dehydrogenase in the rat liver, but mostly via mitochondrial activation. The L-3HB formation pathway, which is palmitic acid incorporated with L-3-hydroxybutyryl CoA deacylase, was also discounted by Scofield *et al*. [7] who failed to detect labeled L-3HB after the liver was perfused with  $^{14}$ C-labeled palmitic acid.

Yet a series of conflicting results exists; the sensitivity of the radiotracer instruments used in the above studies may be the key factor leading to such controversy. Swiatek *et al.* [2] demonstrated that if L-3HB existed in a low steady-state concentration of 5% less than D-3HB, it would be beyond the limit of detection. Indeed, in patients with medium-chain acyl-CoA dehydrogenase deficiency or β-ketothiolase deficiency, L-3HB was found to comprise a minor amount of about 3%-5% of the total racemic 3HB by gas chromatography-mass spectrometry [8], and the proportion of the D- and L-isomers might vary with different diseases. Although this D:L ratio variation seemed to imply altered selectivity and activity of enzymes leading to 3HB, D- and L-3HB being undetectable in the control samples, quantitation of D- and L-3HB was not performed. Therefore, the present study aimed to develop a practical method for identification and quantitation of L-3HB to clarify the dubious interpretation of the existence of L-3HB in mammals.

In addition to the radiotracer detection method, one of the widely used measurements for 3HB is the utilization of D-3HB dehydrogenase, which transforms D-3HB to acetoacetate in the presence of NAD, and then the resultant NADH can be detected by absorption [9-11]. In contrast to D-3HB dehydrogenase, it is controversial to

proceed with an enzymatic assay of L-3HB due to the absence of a well-known enzyme specifically responsible for L-3HB catabolism. Additionally, it is difficult to sensitively determine D- and L-3HB with UV detection because of their low absorptivities in the effective wavelength region. To overcome these shortcomings, we employed a fluorimetric method for L-3HB using HPLC following precolumn fluorescence derivatization. Two fluorogenic reagents, 4-(*N*,*N*-dimethylaminosulfonyl)-7-piperazino-2,1,3-benzoxadiazole (DBD-PZ) and 4-nitro-7-piperazino-2,1,3 benzoxadiazole (NBD-PZ), were chosen for derivatization, for they readily react with the carboxylic group of D- and L-3HB [12, 13]. Another advantage is their long emission wavelengths, so that a great proportion of the substances will be sheltered from overlapping objective peaks. Enantiomeric separation of Dand L-3HB was carried out by HPLC using polysaccharide-based (cellulose or amylose) or phenylcarbamoylated β-CD chiral columns. As a result, the achieved enantiomeric separation was applied to analyze D- and L-3HB in rat serum, both of which were previously separated by an ODS column in the reversed-phase mode. Simultaneous determination of D- and L-3HB in rat serum using column-switching HPLC employing ODS and a chiral column after pre-column derivatization is described in this paper.

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Fig 1. Derivatization scheme of D- and L-3HB with DBD-PZ or NBD-PZ. TPP and DPDS were used as the condensing agents.



Fig 2. HPLC system with a column-switching valve used in this study. The six-port valve positions A and B are represented by the solid and dotted lines, respectively. A TSKgell CDS-S0Ts column was used as the ODS column,



D-3HB, and the Rs value was 1.60.



Fig 4. Simultaneous analysis of L-3HB in rat serum. (A) Rat serum derivatized with NBD-PZ was eluted by the TSKgel ODS-80Ts column and the chromatogram was obtained from Integrator 1. The retention times of the total race



Figure 5. Confirmation of D-3HB by verifying the disappearing peak on chromatograms from Integrator 1 with D-3HB dehydrogenase pretreatment. The peak representing the racemic 3HB derivative on chromatograms could be found

Table 1. Capacity factor (k'), separation factor ( $\alpha$ ), and resolution factor (Rs) of enantiomeric<br>separation of D- and L-3HB derivatized using NBD-PZ or DBD-PZ by chiral columns<br>including AD-RH, phCD, OD-RH, and tandem

	NIELINE				<b>DREAM</b>			
	$4^{+}$ <sub>2</sub> mm	Kyan		Rs	41.44	$V_{\rm{in}}$ sate	$\overline{a}$	m.
<b>OB160-DATA</b>								
313-898		wa	1.44	1.98	1.39	sis	٠	$\sim$
plat 13		4.65	1.09	1.66	1.58	1.70	1.11	1.13
043-809	話録	7.36	1.34	148	1.63	245		$\sim$
Tanden ODER	1.31	7.89	1.31	1.30	1.13	3.1.5	u	$\frac{1}{2} \left( \frac{1}{2} \right) \left( \frac{1}{2} \right) \left( \frac{1}{2} \right)$
MAXIBITER/3-1981-06								
AD-RH	2.85	2.30	1.11	437	1.32	1.30	$\overline{\phantom{a}}$	$\sim$
<b>PACTA</b>	$\pm x$	2.39	1.86	413	1.44	1.35	1.49	4.98
00-89	LB	×	Les	LIE	$\Box$	1.29		$\sim$
Tandens OD-R.B.	1.39	1.80	1.674	1.00	1.31	1.31	t	$\sim$

Table 2. Concentrations and percentages of total racemic, D-, and L-3HB in rat serum (*n* = 5).



Concentrations are expressed as the mean ± SD.

Table 3. Precision and accuracy of L-3HB measurements  $(n = 5)$ .

Fig 3. Enantiomeric separation of standard D- and L-3HB derivatized with NBD-PZ by two OD-RHs connected in tandem. As indicated, the L-3HB derivative was eluted before



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