• 系統編號	RN9511-2402		
• 計畫中文名稱	產後憂鬱症之治療---病患對於抗鬱劑副作用之選擇、耐受及療效探討		
• 計畫英文名稱	Treating Postpartum Depressive Disorders--- A Prospective Study of Patients' Choices of Antidepressants, Their Side-Effects and Treatment Responses		
• 主管機關	行政院國家科學委員會	• 計畫編號	NSC92-2314-B038-053
• 執行機構	臺北醫學大學精神科		
• 本期期間	9208 ~ 9307		
• 報告頁數	14 頁	• 使用語言	中文
• 研究人員	沈武典; 鄧惠文 Shen, Wu-Dien Winston ; Deng, Hui-Wen		
• 中文關鍵字	--		
• 英文關鍵字	--		
• 中文摘要	產後憂鬱症婦女在開始治療之前，對於三種抗鬱藥物的選擇機會平均。開始治療後，三種藥物都能顯著減少憂鬱症狀，但本研究中，僅使用 Aurorix 及 Efexor XR 的兩組達到完全緩解。Aurorix 的主要副作用爲增加睡眠時間。Efexor XR 爲口乾、噁心及便秘。Remeron 的副作用爲體重增加、暈眩感、作夢增加。		
• 英文摘要	Their choices were almost equally distributed to the three antidepressants: 30 (32.6%) for moclobemide (Aurorix); 30 (32.6%) for venlafaxine (Efexor XR); 28 (30.4%) for mirtazapine (Remeron). During the 4 months of treatment, all the four antidepressants revealed effectiveness in reducing depressive symptoms. However, only subjects treated with Efexor XR and Aurorix had full remission of depression (HAM-D score<7) at the end of follow-up. The most common side effects of Aurorix are increased duration of sleep. Efexor XR causes prominent gastro-intestine problems, such as nausea/vomiting and constipation. Reduced salivation is another common side effect of Efexor. Patients reported a wide range of side effects with Remeron. The major complaints are weight gain, sleepiness, dizziness and increased dream activities.		