Glutamine reduces the expression of LFA-1 and Mac-1 on leukocytes in mice with arsenic exposure Ya-Ling Luo^a, Hui-Ting Yang^a, Chun-Sen Hsu^b, Wan Chun Chiu^a, Sung-Ling Yeh^a

Institute of Nutrition and Health Sciences, Taipei Medical University^a, Department of Obstetrics and Gynecology, Taipei Medical University-Municipal Wan-Fang Hospital^b, and Taipei, Taiwan

Running title: glutamine reduces integrin expression in arsenic exposure

Correspondence to:

Sung-Ling Yeh, PhD

School of Nutrition and Health Sciences

Taipei Medical University

250 Wu-Hsing Street, Taipei, Taiwan 110, ROC

Tel: 8862-27361661 ext. 6551-115

E-mail: sangling@tmu.edu.tw

Abstract

This study was designed to investigate the effect of GLN supplementation on leukocyte integrin expression and in vitro splenocyte cytokine production in mice with arsenic exposure. Mice were assigned to the control and experimental groups. Control group drank deionized water, whereas experimental group drank water containing 50ppm sodium arsenite instead. Each control and experimental group was divided into 2 subgroups respectively. One subgroup fed a common semipurified diet, the other one was supplemented with glutamine (GLN), replacing 25% of total amino acid nitrogen. After feeding for 5 weeks, all mice were sacrificed for the analytical measurements. The results showed that plasma GLN levels in arsenic group were significantly lower than those in control groups, GLN supplementation reversed the depletion of plasma GLN levels. Under the condition of arsenic exposure, β_2 intergins including LFA-1 and Mac-1 expression on leukocyte were significantly reduced in GLN supplemented group than those without GLN, and had no difference from the control groups. There were no differences in interleukin -4, interleukin-6, interferon- γ and tumor necrosis factor- α production between the 2 arsenic exposure groups, when splenocytes were stimulated with mitogen. These results suggest that arsenic exposure resulted in depletion of plasma GLN and GLN supplementation normalized the plasma GLN levels and reduced the intergins LAF-1, Mac-1 expression on leukocyte. However, GLN administration seemed to have no effect on in vitro cytokine secretion in mice with arsenic exposure.

Keywords: arsenic, glutamine, LAF-1, Mac-1, cytokines

1. Introduction

Arsenic is a ubiquitous element widely distributed in the environment. The main source of arsenic exposure for the general population is through ingestion of high arsenic drinking water (1). Chronic arsenic exposure is associated with an increased risk of vascular diseases including ischemic heart disease, cerebrovascular disease, and carotid atherosclerosis (2,3). The pathogenic mechanisms of arsenic atherogenicity are not completely understood. Previous reports have shown that arsenic results in the generation of reactive oxygen species both in vivo and in vitro (3-5). Oxidative stress may have impact on the atherogenic process by modulating intracellular signaling pathways in vascular tissues to affect inflammatory cell adhesion, migration and proliferation (6). Blood leukocytes, mediators of host defense and inflammation, localize in the earliest lesions of atherosclerosis (7). The initial sign of inflammation is the capture of leukocyte from the blood stream and their subsequent rolling along the endothelium of postcapillary venules (8). Patches of arterial endothelial cell express selective adhesion molecules on their surface that binds to various classes of leukocytes (7). Leukocyte function associated antigen (LFA)-1 and macrophage antigen (Mac)-1 are members of β_2 intergins (CD18) that are predominantly involved in leukocyte trafficking and extravasation (9). LFA-1 (CD11a/CD18) is exclusively expressed on leukocytes and interacts with its ligands intercellular adhesion molecule (ICAM) to promote a variety of homotypic and hererotypic cell adhesion required for normal and pathologic functions of the immune system (9). Mac-1 (CD11b/CD18) is abundant in neutrophil and contributes to neutrophil migration into the sites of inflammation (9-11). Activation of β_2 intergins is required for a stronger attachment to the endothelium and subsequent transmigration (9-11). Excessive expression of LAF-1 and Mac-1 may enhance the inflammatory response and have deleterious effects including tissue destruction,

ischemia-reperfusion injury and autoimmune disease (12). Rahimi et al (13) suggested that CD11a, CD11b, CD18 may be used as indicators for the progression of coronary artery disease.

Glutamine (GLN) is the most abundant free amino acid in plasma and tissue pool. It is a critical substrate for enterocytes and rapid proliferating immune cells (14,16). A variety of studies have demonstrated that GLN has immuno-enhancing properties (16-19). Previous reports have revealed that a relatively GLN-deficient state is created by the catabolic process, and GLN supplementation can correct this nutritional deficiency and hence improve outcome (20,21). GLN is required during catabolic processes to manifest optimal tissue response to catabolism, inflammation and infection, and is considered an essential amino acid during certain inflammatory conditions (22-24). Study by Fukatsu et al. (25) showed that compared with conventional total parenteral nutrition, GLN-supplemented parenteral nutrition reduced ICAM-1 expression in intestinal homogenates. Also, Arndt et al. (26) demonstrated that GLN administration reduced leukocyte adhesion and transmigration in indomethacin-induced intestinal inflammation in the rat. As we know, there is no study investigating the effect of GLN on the inflammatory response under the condition of arsenic exposure. Therefore, the aim of this research was to study the effect of GLN supplemention on leukocyte integrin expression and in vitro spenocyte cytokine production in mice with arsenic exposure.

MATERIALS AND METHODS

Animals

Male BALB/c mice weighing 10-15 g (4 weeks of age) were used in this study. All rats were housed in temperature- and humidity-controlled rooms and were allowed

free access to standard rat chow for 1 wk prior to the experiment. The care of the animals followed the guidelines for the care and use of laboratory animals established by the Animal Care Committee of Taipei Medical University, and protocols were approved by that committee.

Study protocol. All mice were assigned to the control and experimental groups. Mice in control group drank deionized water, whereas experimental group drank water containing 50ppm sodium arsenite (NaAsO₂) instead. Each control and experimental group was divided into 2 subgroups. One subgroup fed a common semipurified diet, the other one was supplemented with GLN, replacing 25% of total amino acid nitrogen (Table 1). There were 4 groups in this study: CC group, no arsenic and GLN were administered; CG group, no arsenic but supplemented with GLN; AC, with arsenic but no GLN supplemented; AG group, with arsenic and GLN supplementation. Food and water intake were recorded everyday during the experimental period. After 5 weeks, all mice were anesthetized and sacrificed by heart puncture.

Plasma GLN level analysis. Blood samples were collected in tubes containing heparin and immediately centrifuged. Plasma amino acid was analyzed by standard ninhydrin technology (Beckman Instrument, model 6300, Palo Alto, CA), after deprotienization of the plasma with 5% salicylic acid (27).

Flow cytometric analysis. To determine the integrin expression on leukocyte, 100 μ l whole blood containing fluorescein-conjugated rat anti-mouse CD11a, CD11b (Serotec, Oxford, UK) and phycoerythrin-conjugated rat anti-mouse CD18 (Serotec) were used to identify LFA-1 (CD11a/CD18) and Mac-1 (CD11b/CD18), respectively. After staining for 15 min, 1 mL red blood cell (RBC) lysing buffer (Serotec) was added to lyse the RBCs and to fix the stained leukocytes. Fluorescence data were collected on 1 x 10⁵ viable cells and analyzed by flow cytometry (Coulter, Miami, FL,

USA).

In vitro cultures of splenocytes. Splenocytes were obtained by mechanical disruption of the spleen with a spatula on a stainless steel mesh. Cell suspensions were passed through a sterile nylon mesh to remove debris. RBCs were lysed using sterile distilled water for 15 s, and immediately neutralized to isotonic cell suspensions. After washing with PBS 3 times (300 xg for 5 min), splenocytes were resuspended in RPMI-1640 with antibiotics and fetal calf serum. The number of isolated splenocytes was determined by a hemacytometer count using the trypan blue dye exclusion method.

Cytokine assay. Phytohemagglutinin (PHA, 200 ng/mL; Sigma) and lipopolysaccharide (LPS, 1ug/mL; Sigma) were used to stimulate cytokine production by isolated splenocytes lymphocytes in culture. Triplicate wells of 96-well flat-bottomed microtiter plates (Falcon, Becton Dickinson, Oxford, CA, USA) were seeded with splenocytes (2.5×10^6 cells/mL in RPMI-1640) and mitogen. The control well contained cells plus an equal volume of medium. After incubating PHA or LPS for 24 h at 37 °C in a CO₂ incubator, supernatants were centrifuged and stored at -70 °C until being analyzed for cytokine. Concentrations of interleukin (IL)-2, IL-4, interferon (IFN)- γ in PHA-stimulated, IL-6 and tumor necrosis factor- α in LPS-stimulated splenocyte supernatants were determined by commercially available enzyme-linked immunosorbent assay (ELISA) kits (Amersham Pharmacia Biotech, Buckinghamshire, UK).

Statistical analysis. Data are expressed as the mean \pm SD. Differences among groups were analyzed by two-way ANOVA with Fisher's test. A *p* value of < 0.05 was considered statistically significant.

RESULTS

Body weight and plasma GLN levels. There were no differences in initial body weights among the groups. No differences in food and water intake were observed across the groups during the experimental period (data not shown). After feeding for 5 weeks, the body weights of mice in arsenic group without GLN (AC) were significantly lower than the control group (CC), whereas there were no differences in body weights between arsenic group with GLN supplementation (AG) and the control group (Fig. 1). Plasma GLN levels in AC group were significantly lower than those in control groups (CC & CG), however, under the condition of arsenic exposure, GLN supplementation reversed the depletion of plasma GLN levels and had no difference from the control groups (Fig. 2).

Leukocyte integrin expression. LFA-1 and Mac-1 expression on leukocyte were significantly lower in AG group than those in AC group, and had no difference from the control groups (Fig. 3A &3B)

In vitro cytokine secretion. IL-2 levels were not detectable. IL-4 and IL-6 production by splenocytes were significantly lower, whereas IFN- γ levels were higher in CG group than the CC group. There were no differences in IL-4, IL-6, IFN- γ and TNF- α production in arsenic exposure groups despite GLN was supplemented or not (Table 2).

Discussion

The metabolism of arsenic has an important role in its toxicity. In the trivalent state, inorganic and organic arsenic may react with critical thiols in protein and inhibit their activity (28). In this study, we found that body weight in mice exposure with arsenic was significantly lower than the control groups, although the food and water intake

was comparable among groups. This result indicated that the dosage of arsenic administered in this study allowed survival but resulted in metabolic stress in mice. Study showed that arsenite causes the oxidative damage of the protein of pyruvate dehydrogenase, and thus inhibit the enzyme activity (29). Since pyruvate dehydrogenase catalyzes a reaction that controls the pathway of glycolysis to the citric acid cycle, the inactivation of the enzyme may interfere energy metabolism and consequently resulted in weight loss.

LFA-1 and Mac-1 are thought to play central roles in mediating the firm adhesion of leukocytes to endothelial cells, a critical step to the subsequent leukocyte transmigration. Excessive expression of LAF-1 and Mac-1 may induce inflammatory response and tissue injury (11-13). In this study we found that arsenic group with GLN (AG) had lower LAF-1 and Mac-1 expression than group without GLN (AC). This finding indicated that GLN supplementation reduce leukocyte integrin expression and may consequently attenuate the inflammatory response induced by arsenic. Compared with the control groups, we did not observe a higher integrin expression in arsenic groups. Arsenic exposure is expected to result in higher adhesion molecule expression because previous reports have shown that arsenic induced the generation of reactive oxygen species, and up-regulated the inflammatory mediators (3, 4, 30). We speculate that the lower body weight in the arsenic exposure groups may lead to an inferior nutrition status, and thus interfere the synthesis and/or the expression of the adhesion protein.

Cytokines are peptides produced by cells of the immune system that act as mediators of the immune response. We did not determine plasma cytokines in this study, because previous study reported that plasma IL-1, TNF, and IFN- γ levels are rarely detected in the plasma of injured patients (31). Previous reports by our

laboratory also showed that IL-1β, IL-2, and IFN- γ were undetectable in a septic animal model (32, 33). Therefore, we analyzed the production of cytokines including IL-2, IL-4, IL-6, IFN- γ and TNF- α by splenocytes after mitogen stimulation to investigate the effect of GLN supplementation on the systemic immune response under arsenic exposure. IL-2 and IFN- γ are produced by Th1 lymphocytes. Th1 cytokines enhance cell-mediated immunity. IL-4 is a Th2 cytokine that enhance humoral immunity. The effects of Th1 or Th2 lymphocytes are counter-regulatory (34). IL-6, and TNF- α are pro-inflammatory cytokines. The results showed that GLN supplementation reduced IL-6 production, enhanced IFN- γ and suppressed IL-4 secretion in non-arsenic exposure groups. The finding is partly consistent with the report by Rohde et al (35), their study also showed that IFN- γ were enhanced by GLN supplementation. Since there were no differences in the cytokines between arsenic exposure groups despite GLN was supplementation or not, cytokine modulation may not responsible for reducing leukocyte integrin expression in GLN supplemented group.

Study by Hong et al (36) revealed that GLN supplemented nutrition protects the liver during hepatic injury by preserving glutathione stores. An in vitro study by Babu et al (37) also found that GLN reversed beneficial effect in preventing liver damage possibly mediated via GSH synthesis. GSH is a major antioxidant and a vital component of host defense. GLN was found to be rate limiting for GSH synthesis and availability of GLN is critical in the generation of GSH stores (38). In this study we found that group with arsenic exposure had significantly lower plasma GLN levels than control groups, this finding was compatible with the previous reports that plasma GLN was reduced during a catabolic conditions such as inflammatory, infection, and injury (18,22-24). Previous report showed that trivalent organic

arsenicals inhibit glutathione reductase activity. Inhibition of this enzyme may result in depletion of reduced form of glutathione (GSH), and decreased ability of cells to protect against oxidants (39). In this study we found that GLN supplementation reversed the depletion of plasma GLN induced by arsenic exposure. Whether supplementation of GLN restored the GSH levels, improved the antioxidant status of the animals and thus decreased LFA-1 and Mac-1 expression requires further investigation.

In summary, this study showed for the first time that arsenic exposure resulted in depletion of plasma GLN and GLN supplementation normalized the plasma GLN levels and reduced the intergins LAF-1, Mac-1 expression on leukocyte. However, the effects of GLN on in vitro cytokine secretion were not obvious in mice with arsenic exposure.

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Figure legends

Fig.1. Body weight of the groups. CC: control group without GLN and As; CG: control group with GLN but without As; AC: As group without GLN; AG: As group with GLN. *: significant difference from CC group.

Fig. 2. Plasma glutamine (GLN) concentrations of the groups. *: significant difference from the other groups.

Fig. 3. A) Leukocyte function associated antigen (LFA)-1 and B) Mac-1 expression
(%) on whole blood as determined by cytometry. *: significant difference from the AC group. *: significant difference from the other groups.

Ingredients	GLN-supplemented group	Control group
Casein	165	220
GLN	45	
Total nitrogen	34.4	34.4
Corn starch	667	657
Soybean oil	44	44
Vitamin mixture [*]	10	10
Salt mixturet	35	35
Methyl-cellulose	30	30
Choline chloride	1	1
DL-methionine	3	3

Table 1 Composition of the semipurified diet (g/kg)

*The vitamin mixture contained the following (mg/g): thiamin hydrochloride 0.6, riboflavin 0.6, pyridoxine hydrochloride 0.7, nicotinic acid 3, calcium pantothenate 1.6, D-biotin 0.02, cyanocobalamin 0.001, retinyl palmitate 1.6, DL-α-tocopherol acetate 20, cholecalciferol 0.25, and menaquinone 0.005.
*The salt mixture contained the following (mg/g): calcium phosphate diabasic 500, sodium chloride 74, potassium sulphate 52, potassium citrate monohydrate 220, magnesium oxide 24, manganese carbonate 3.5, ferric citrate 6, zinc carbonate 1.6, cupric carbonate 0.3, potassium

iodate 0.01, sodium selenite 0.01, and chromium potassium sulphate 0.55.

Groups	IL-4	IFN-γ	IL-6	TNF-α
		pg/mL		
CC	26.2 ± 15.1	79.5 ± 31.3	21.0 ± 12.8	27.2 ± 8.0
CG	$8.7\pm8.4^*$	$152.2 \pm 27.4^{*}$	$8.5\pm3.5^*$	25.3 ± 9.2
AC	28.5 ± 19.8	110.0 ± 21.8	25.3 ± 3.1	26.1 ± 5.8
AG	35.2 ± 19.1	139.0 ± 62.5	30.0 ± 16.2	29.8 ± 8.3

Table 2. Concentrations of interleukin (IL)-4, interferon (IFN)- γ , IL-6 and tumor necrosis factor- α released by splenocytes after mitogen stimulation for 24 h.

Data are expressed as the mean \pm standard deviation

*: significantly different from the CC group at p < 0.05









A)

