# Effects of dietary Glutamine on Antioxidant Enzyme Activity and Immune Response in Burned Mice

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Running title: Effect of glutamine on immune response in burns

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#### ABSTRACT

**OBJECTIVES**: To investigate the effect of dietary glutamine (Gln) on specific antibody production and antioxidant enzyme activities in burned mice vaccinated with detoxified *Pseudomonas* exotoxin A linked with the outer membrane proteins I and F (PEIF). Also, the survival rate of vaccinated and non-vaccinated burned mice infected with *Pseudomonas aeruginosa* (*P. aeruginosa*) was evaluated.

METHODS: There were 3 consecutive experiments. Experiment 1: Thirty BALB/c mice were assigned to 2 groups. A control group was fed casein as the protein source; the Gln group provided 4% Gln (w/w) to replace part of the casein. Mice were immunized twice with PEIF, and the production of specific antibodies against PEIF was measured every week. Eight weeks after immunization, all mice received a 30% body surface area burn injury. Mice were sacrificed 24 h after the burn. The antioxidant enzyme activities and lipid peroxides in the tissues as well as specific antibody production were analyzed. Experiment 2: Twelve mice were divided into a control and Gln groups, and fed with one of 2 experimental diets for 4 weeks. Then burn injury was induced, and mice were sacrificed 24 h later. In vitro, splenocytes were cultured, and interleukin (IL)-4,IL-10 was measured after mitogen stimulation. Experiment 3: Survival rates of vaccinated and non-vaccinated burned mice complicated with *P. aeruginosa* infection were evaluated. The survival rate was observed for 8 days after the burn.

**RESULTS**: Antioxidant enzyme activities and lipid peroxides in tissues tended to be lower in the Gln group than in the control group after the burn. Specific antibody production against *P. aeruginosa* increased significantly in the Gln group at 4 and 7 weeks after immunization, and at 24 h after the burn. IL-4 concentrations in

mitogen- stimulated splenocytes were significantly higher in the Gln group than in the control group. Survival rates of non-vaccinated burned mice in the Gln group were significantly higher than that of the control group, whereas there was no difference in the survival of vaccinated burned mice after bacterial infection.

**CONCLUSIONS**: These results suggest that vaccinated mice receiving a Gln-enriched diet may have enhanced humoral immunity and attenuated oxidative stress induced by burn injury. Also, Gln supplementation improves the survival of burned mice complicated with *P. aeruginosa* infection.

Key words: burns, glutamine, antioxidant enzyme activity, antibody, vaccination, Pseudomonas aeruginosa

## **INTRODUCTION**

Burn injury is a post-traumatic inflammatory disease. Severe injury, particularly thermal injury leads to a profound depression of both humoral and cell-mediated immunities.<sup>1-4</sup> The immunosuppression which occurs after burn injury causes increased susceptibility to infection.<sup>5</sup> In addition, the response to the initial burn injury and the presence of the burn are often associated with secondary damage to tissues distant from the injured site.<sup>6-9</sup> This response appears to be mediated by both reactive oxygen metabolites and activated neutrophils.<sup>10,11</sup> Nishigaki et al.<sup>12</sup> reported that lipid peroxide levels increase in burned rat skin, and lipid peroxide generated in the burn wound may accumulate in the liver, lung, kidney, and gut of injured animals.

Glutamine (Gln) has traditionally been thought of as a nonessential amino acid, but

laboratory and clinical data suggest that it may be essential during certain inflammatory conditions, such as infection and injury. 13,14 A number of studies have demonstrated beneficial effects of supplying Gln or its precursors (ornithin α-ketoglutarate and α-ketoglutarate) for metabolic-stressed conditions by increasing nitrogen retention, preserving the integrity of the intestinal mucosa and intestinal permeability, maintaining immunologic function, and reducing infections. <sup>13-19</sup> Parry-Billings et al. <sup>14</sup> reported that plasma Gln levels decreased and remained depressed for 3 weeks after injury in burn patients. Their experiments showed that the depressed Gln concentrations were associated with reduced proliferation of lymphocytes from healthy volunteers and depressed phagocytosis by peritoneal macrophages from normal mice. Ogle et al. 20 also reported that Gln improved the bactericidal ability of abnormal neutrophils from pediatric patients after burns. Although Parry-Billings et al. and Ogle et al. suggested the efficacy of Gln supplementation, they did not supply Gln to their patients. Very few studies of Gln supplementation on immune responses have been performed in burn injury. To our knowledge, there is no study investigating the effects of Gln on humoral immunity and antioxidant status in burn injury.

Pseudomonas bacteremia presents another medical problem because of its high mortality and strong antibiotic resistance.<sup>21</sup> Patients with extensive thermal injury are at high risk of infection with Pseudomonas aeruginosa (P. aeruginosa).<sup>22</sup> Chen et al.<sup>23</sup> designed a novel vaccine, PEIF, against P. aeruginosa, which can enhance specific antibody production and effectively block P. aeruginosa challenge in burned mice. In this study, we immunized mice with this novel vaccine against P. aeruginosa before burn injury to investigate whether Gln has beneficial effects on attenuating oxidative stress induced by burn injury and the specific antibody production against PEIF. In addition, in vitro cytokine secretion and the survival

rates in vaccinated and non-vaccinated burned mice complicated with a lethal dose of *P. aeruginosa* were also evaluated.

#### MATERIALS AND METHODS

Animals

Male BALB/c mice aged 4 wk and weighing 10-15 g were purchased from Animal Center, Taiwan University Hospital, Taipei, Taiwan. All mice were housed in temperature- and humidity-controlled rooms, and allowed free access to standard chow (TAMA Feeds Inc. Richmond, Indiana) and water for 1 week prior to the experiment. Animals included in this study were kept according to standard experimental animal care protocols. All procedures involving animals were approved by Taipei Medical University Standing Committee on Animal Research.

Study protocol

Experiment 1: Thirty mice were randomly assigned to 2 groups, 15 in each group.

One group was fed a control diet (control), in which all amino acids were provided by casein. The other group was fed a Gln (Gln)-enriched diet, by which 4% Gln (w/w, Sigma, St Louis, MO) was used to replace part of the casein, corresponding to 40% of the dietary nitrogen source. The 2 diets were isonitrogenous (Table I). Mice were anesthesized with ether, and blood was taken from the retrobulbar vessel before immunization with the novel PEIF vaccine against *P. aeruginosa*. Production and purification of the recombinant PEIF protein followed procedures described previously.<sup>23</sup> The emulsified vaccine was prepared by mixing the purified recombinant PEIF protein with an equal volume of complete Freund's adjuvant, and

then each mouse was vaccinated subcutaneously at a dose of 2 µg/mouse on day 1. A booster injection was given at a dose of 4 µg/mouse of PEIF emulsified with an equal volume of incomplete Freund's adjuvant on day 28. Before the burn, immunized mice were bled from the retrobulbar vessel on days 21, 28, 35, 42, 49, and The sera were isolated and stored at -70 °C until being assayed. After 8 weeks, a modification of the burned mouse procedure was used. 24,25 Mice were anesthetized with sodium pentobarbitol (0.71 µg/g body wt) and shaved dorsally prior to burning. A Teflon template with a precisely cut window (2.5 x 3 cm<sup>2</sup>) was pressed firmly against the shaved back. Ethanol (95% v/v, 0.5 ml) was evenly spread over the area of the back outlined by the window, ignited, and allowed to burn for 15 s.<sup>24,25</sup> Animals were immediately resuscitated with an intraperitoneal injection of sterile 0.9% saline (10 ml/100 g body wt). This procedure produced a full-thickness burn injury on approximately 30% of the total body surface area. All mice were deprived of food for 24 h with only free access to water, in order to induce a hypermetabolic state simulated in burn patients. 16,26 Mice were anesthetized and sacrificed by cardiac puncture 24 h after the burn. Blood samples were collected in tubes containing heparin for analysis of T lymphocyte subpopulations. The remaining blood samples were centrifuged to isolate the sera. Amino acid was analyzed by the standard ninhydrin technology (Beckman Instrument, model 6300, Palo Alto, CA), after deproteinization of the plasma with salicylic acid.<sup>27</sup> Tissues including the liver and kidneys were rapidly excised. All samples were stored at -70<sup>o</sup>C until being assayed for antioxidant enzyme activities and lipid peroxide levels.

Experiment 2: Twelve mice were divided into the control and Gln groups, and fed either the control or Gln-enriched diet for 4 weeks. After that, burn injury was induced, and mice were sacrificed 24 h after the burn. Spleens of the mice were

removed aseptically, and were placed in phosphate-buffered saline (PBS) for pretreatment of in vitro splenocyte cultures.

Experiment 3: The survival rates of non-vaccinated and vaccinated burned mice complicated with *P. aeruginosa* were evaluated. Thirty mice were allocated to the non-vaccinated group and were further divided into 2 experimental groups, with each group containing 15 mice. Mice were fed the control or Gln diets for 8 weeks.

After that, burn injury was induced, and immediately after the burn, 3.2 x 10<sup>5</sup> CFU (1x LD<sub>50</sub>) *P. aeruginosa* strain PAO1 (ATCC 15692) was injected into the burned skin of the mice. Additional 30 mice were immunized twice with the novel PEIF vaccine against *P. aeruginosa* and were fed with control or Gln diets for 8 wks as described in Exp 1. After that, burn was induced and 2x LD<sub>50</sub> *P. aeruginosa* was subcutaneously injected into the burn area. Survival of the burned mice was recorded every 6 h in the first 3 days, and then every 12 h until the end of 8 days. The mice were also deprived of food except water for 24 h, then the experimental diets were given for the remaining days.

# Measurements of antioxidant enzymes and TBARS

Fifteen-percent tissue homogenates were prepared at 4 °C in a 250-mM sucrose solution, containing 10 mM-Hepes (pH 7.4) using a homogenizer. The homogenates were centrifuged to remove cell debris and mitochondria.<sup>28</sup> The supernatant was used for analysis of superoxide dismutase (SOD) and glutathione peroxidase (GSHPx) activities (enzyme kits from Randox, Antrim, Northern Ireland). Protein concentrations of supernatants were measured by Lowry's method. The production of thiobarbituric acid-reactive substances (TBARS, assumed to be mainly malondialdehyde and its precursors) in mouse liver and kidney homogenates was

determined by the method of Uchiyama and Mihara.<sup>29</sup> Briefly, the homogenates were precipitated with trichloroacetic acid and mixed. The mixture was centrifuged and TBA was added to the supernatant. After boiling for 1 h, the reactants were cooled, and TBARS were measured at 532nm. The molar extinction coefficient of malondialdehyde was assumed to be 156,000.<sup>30</sup>

Analysis of specific antibody production against PEIF

The specific antibody production of vaccinated mice was measured by ELISA as described previously.<sup>23</sup> Briefly, purified recombinant PEIF protein was coated onto polyvinylchloride, flat-bottom, 96-well Falcon microtiter plates overnight at 4 °C with a protein concentration of 3 μg/ml in the coating buffer (pH 9.6 carbonate buffer). The coated plates were then blocked with 0.5% BSA-PBS. Mouse sera from each group were diluted 1000-fold with 0.5% BSA-PBS, and 50 μl of diluted sera was added to the coated well and incubated for 1 h at 37 °C. Bound specific antibodies were detected using peroxidase-conjugated goat anti-mouse secondary antibody (Sigma, St. Louis, MO). After 3 washings, 100 μl of substrate solution (0.54 mg/ml 2,2'-azinobis-3-ethylbenzthiazoline-6-sulfonic acid, ABTS, and 0.03% H<sub>2</sub>O<sub>2</sub> in 0.1 M citric acid) was added to each well, and the absorbance was read after 15 min using a microplate reader at 405 nm. Normal mouse serum was used as the negative control.

# Analysis of T lymphocyte subpopulations

Flow cytometry was used to determine the proportions of CD4+, CD8+, and CD3 T lymphocytes in fresh blood. One hundred microliters of blood was incubated for 15 min at 4 °C with 10 ul of fluorescein-conjugated (FITC) rat monoclonal anti-mouse CD4+, phycoerythrin-conjugated (PE) rat anti-mouse CD8+, and FITC rat anti-mouse CD3 (Serotec, Oxford, UK). After that, red blood cells (RBC) were

lysed with lysing buffer (Serotec). Fluorescence data were collected on  $5 \times 10^4$  viable cells and analyzed by flow cytometry (Coulter, Miami, FL).

*In vitro cultures of splenocytes and cytokine assay* 

Splenocytes were obtained by mechanical disruption of the spleen using the homogenizer. Cell suspensions were passed through a sterile nylon mesh to remove RBCs were lysed by sterile distilled water for 15 s, and immediately neutralized to isotonic cell suspensions. After washing with PBS 3 times (300 xg for 5 min), splenocytes were resuspended in RPMI-1640 with antibiotics and fetal calf The number of isolated splenocytes was determined by hemacytometer count using the trypan blue dye exclusion method. Phytohemagglutinin (PHA, 10 ng/mL; Sigma) was used to stimulate cytokine production by isolated splenocytes in culture. Triplicate wells of 96-well flat-bottomed microtiter plates (Falcon, Becton Dickinson, Oxford, CA.) were seeded with 100 ul of splenocytes (2.5 x 10<sup>6</sup> cells/ml in RPMI-1640) and 100 ul of mitogen. Control wells contained cells plus 100 ul of medium. The final volume in all wells was 200 ul. Splenocytes were incubated in the presence or absence of PHA for 24 h at 37 °C in an atmosphere of 95% air and 5% CO<sub>2</sub>. Supernatants were centrifuged and stored at -70 °C until the analysis for cytokine. Interleukin (IL)-4 and IL-10 concentrations in splenocyte supernatants were determined by a commercially available enzyme-linked immunosorbent assay (ELISA) in microtiter plates, antibodies specific for mice cytokines were coated onto the wells of the microtiter strips provided (Amersham Pharmacia Biotech, Buckinghamshire, UK).

## **Statistics**

Data are expressed as the mean  $\pm$  SD. Differences between groups were analyzed

by student's t-test. The survival rate was determined by Kaplan-Meier survival analysis. A p value < 0.05 was considered statistically significant.

#### RESULTS

There were no differences in initial body weights and weights after experimental diets between the 2 experimental groups in either experiments 1, 2, or 3 (data not shown). The results in experiment 1 showed that the Gln group had significantly higher plasma Gln levels than did the control group ( $462.2 \pm 82.6$  vs.  $332.5 \pm 37.7$  nmol/mL, p < 0.05). No significant differences in the percentages of CD4, CD8, CD3 T cells or the CD4/CD8 T cell ratio were observed between the Gln and control groups after the burn (Table II). Antibody production increased logarithmically after the second booster and reached a plateau after 7 weeks. The specific antibody production in the Gln group was significantly higher than that in the control group at various time schedules (Fig. 1). SOD activities and lipid peroxide concentrations in the kidney and GSHPx activities in the liver were significantly lower in the Gln group than in the control group after the burn of vaccinated mice (Table III).

In experiment 2, stimulation of splenocytes with PHA significantly increased the production of IL-4 in the Gln group. However, the production of IL-10 did not differ between the 2 groups when the same concentration of mitogen was administered (Fig. 2A,B).

In experiment 3, the survival rate of non-vaccinated burned mice in the Gln group was significantly higher than that of the control group after bacterial infection

(p < 0.001). However, no statistically significant difference in survival was observed between the 2 groups in the vaccinated burned mice challenged with 2x LD<sub>50</sub> of *P*. aeruginosa (p = 0.178) (Fig. 3A, B).

## **DISCUSSION**

In this study, we administered Gln prior to burn injury to investigate the effect of Gln on burned mice, because rodents are known to be relatively resistant to trauma and to recover rapidly after a burn. With dietary supplementation in a very short period of time after a burn, the influence of Gln on burns might not be observed. Since very few studies have investigated the effect of Gln on burn injury, the results of this study may provide basic information on the possible roles of Gln in burns. We did not include a non-burn control group in this study, because numerous studies have already shown that burn injury results in oxidative stress and impaired immune function. 1-4, 6-9

Gln is of major importance for muscle metabolism and is a preferred energy source for cells of the intestinal mucosa and of the immune system, particularly macrophages and lymphocytes.<sup>20</sup> An in vitro study by Rohde et al.<sup>31</sup> showed that Gln influences the production of T cell-derived cytokines and is important for optimal T lymphocyte proliferation. Yaqoob and Calder<sup>32</sup> revealed that IL-2 production and IL-2 receptor expression depend on the concentration of Gln present in the culture medium. Gismondo et al.<sup>33</sup> also showed that orally administered Gln to nude mice significantly increased intestinal CD3, CD4, and CD8 lymphocytes when compared to the group without Gln supplementation. In this study, blood CD4, CD8 T cells, and the CD4/CD8 ratio did not differ between the 2 groups. Also, there were no

differences in CD3 populations between the 2 groups. Our findings are inconsistent with those of the reports mentioned above. There are 2 possible explanations for this:

1) the result of in vitro studies may not actually reflect the in vivo situations; and 2) samples used for evaluating the effect of Gln on lymphocyte functions were derived from healthy volunteers or normal rodents. This may differ from the stressed metabolic condition observed in this study, and may consequently lead to different immune responses.

The findings in this study showed that the production of specific antibodies against *P. aeruginosa* was significantly higher in the Gln group than in the control group after immunization and after the burn. In order to understand the possible role of cytokine secretion on antibody production, IL-4 and IL-10 productions in mitogen-stimulated splenocyte cultures were analyzed. IL-4 and IL-10 are produced by Th2 lymphocytes. A predominant Th2 effect results in activation of B lymphocyte, up-regulation of antibody production and is anti-inflammatory. The Th2 cytokines, particularly IL-4 promote differentiation of Th2 cells.<sup>34</sup> Although IL-10 did not differ between the 2 groups, IL-4 production was significantly higher in the Gln group than the control group when the same concentration of mitogen was administered. This result suggests that orally supplemented Gln may enhance IL-4 secretion which may consequently promote antibody production in burned mice.

Burn injury is a trauma with high oxidative stress.<sup>35</sup> After burn injury, generalized tissue inflammation is present in uninjured organs within hours.<sup>36</sup> Organ injury remote from the region of thermal injury has been shown to be due to the intravascular action of complements, resulting in stimulation of intravascular neutrophils, leading to the formation of toxic oxygen products.<sup>8</sup> Lipid peroxide is thought to be one of the most harmful substances produced after burns.<sup>37</sup> SOD and

GSHPx are enzymes which protect tissues from the effects of free radicals and lipid peroxides, and the activities of both SOD and GSHPx increase after free-radical-mediated injury and lipid peroxidation.<sup>38</sup> Saitoh et al.<sup>37</sup> demonstrated that Mn-SOD activities in lung and kidney were significantly higher than in the control group after a burn. The results of this study revealed that SOD activities in kidney and GSHPx activities in liver were significantly lower in the Gln group when compared with the control group. Also, lipid peroxide concentrations in the kidney were lower in the Gln group than in the control group after the burn of vaccinated mice. This finding may indicate that Gln supplementation tends to attenuate oxidative stress induced by burn injury. A study by Morlion et al. 39 showed that generation of cysteinyl-leukotrienes was enhanced after Gln supplementation in surgical patients. In an animal model of preinfusion with Gln and hepatic injury, Hong et al. 40 also revealed that the availability of Gln is critical in the generation of hepatic glutathione. Because glutathione is a potent antioxidant that protects tissue from free radical injury, and cysteinyl-leukotrienes also contain glutathione, it is possible that Gln supplementation enhances antioxidant protection after a burn.

An animal study by Gianotti et al.<sup>41</sup> showed that Gln supplementation decreased bacterial translocation and increased survival rates in septic rats. Wischmeyer et al.<sup>42</sup> demonstrated that the incidence of gram-negative bacteremia was significantly reduced in the intravenously Gln-administered burn patients. In this study, we also observed higher survival rates in the Gln group than in the control group in burned mice complicated with *P. aeruginosa* infection. The survival rates of the Gln and control groups were 23% and 0% at 8 days after the burn. The trend was also observed in PEIF vaccinated burned mice with 2x LD<sub>50</sub> *P. aeruginosa* infection, although the difference between the 2 groups was not statistically significant. The

survival rates of the Gln and control group were 69% and 40%, respectively. This finding indicate that PEIF vaccination effectively reduced the mortality of burned mice after *P. aeruginosa* infection. However, the vaccination effect of PEIF against *P. aeruginosa* may be too strong to observe the beneficial effect of Gln on the survial in burned mice. Since the defense mechanism against bacteria is dependent on the neutralization and opsonization of antibodies, <sup>24</sup> the results of this study may indicate that Gln augments host defense by enhancing antibody production, and consequently improves survival in burned infected mice.

In conclusion, the findings of this study suggest that Gln supplementation did not influence T cell populations; however, humoral immunity was enhanced and oxidative stress induced by burn injury was attenuated in vaccinated burned mice.

Also, Gln administration before burn injury significantly increased survival in burned mice complicated with *P. aeruginosa* infection.

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## FIGURE LEGENDS

- Fig. 1. Production of PEIF-specific antibodies in the control and Gln groups. Mice were immunized twice with recombinant PEIF protein on days 1 and 28, and sera antibody titers were measured by ELISA at weeks 0, 3, 4, 5, 6, 7, and 8. The dilution of mice antiserum was 1:1000. \* Significant difference between the 2 groups (p < 0.05).
- Fig. 2. A) Interleukin (IL)-4 and B) IL-10 concentrations in PHA-stimulated splenocyte cultures. \* p < 0.05 by Student's t test. There was no difference in IL-10 concentrations between the 2 groups after mitogen stimulation.
- Fig. 3. A) Survival curves of non-vaccinated burned mice challenged with  $1x LD_{50} P$ . *aeruginos* Survival rates in the Gln group were significantly higher than those of the control group (p < 0.001). B) Survival curves of vaccinated burned mice challenged with  $2x LD_{50} P$ . *aeruginos*. There was no significant difference in the survival between the 2 groups (p = 0.178).

Table I. Composition of the experimental diets (g/kg)

Component	Control	Gln
Casein	200	151
Glutamine		40
Protein N	31.3	31.3
Soybean oil	50	50
Corn starch	636	645
Salt mixture <sup>1</sup>	40	40
Vitamin mixture <sup>2</sup>	10	10
Methylcellulose	60	60
Choline chloride	1	1
DL-Methionine	3	3

<sup>&</sup>lt;sup>1</sup>Salt mixture contains the following (mg/g): calcium phosphate diabasic 500mg, sodium chloride 74mg, potassium sulfate 52mg, potassium citrate monohydrate 220mg, magnesium oxide 24mg, manganese carbonate 3.5mg, ferric citrate 6mg, zinc carbonate 1.6mg, curpric carbonate 0.3mg, potassium iodate 0.01mg, sodium selenite 0.01mg, and chromium potassium sulfate 0.55mg.

<sup>&</sup>lt;sup>2</sup>Vitamin mixture contains the following (mg/g): thiamin hydrochloride 0.6mg, riboflavin 0.6mg, pyridoxine hydrochloride 0.7mg, nicotinic acid 3mg, calcium pantothenate 1.6mg, D-biotin 0.02mg, cyanocobalamin0.001mg, retinyl palmitate 1.6mg, DL-α-tocopherol acetate 20mg, cholecalciferol 0.25mg, menaquinone 0.005mg.

Table II. Superoxide dismutase (SOD), and glutathione peroxidase (GSHPx) activities and thiobarbituric acid-reactive substances (TBARS) in liver and kidney homogenates after the burn

	SOD (U/g tissue)		GSH-Px (U/g tissue)		TBARS (nmol/g tissue)	
	Control	Gln	Control	Gln	Control	Gln
Liver	$6.85 \pm 1.34$	$10.38 \pm 8.99$	$1.91 \pm 0.32$	$1.64 \pm 0.28^*$	$2.91 \pm 0.90$	$2.55 \pm 0.58$
Kidney	$7.84 \pm 1.45$	$5.32 \pm 3.14^*$	$1.11 \pm 0.31$	$1.20 \pm 0.3$	$2.34 \pm 0.74$	$1.85 \pm 0.61^*$

Data are expressed as the mean  $\pm$  SD.

<sup>\*</sup>Significantly different from the control group at p < 0.05.

Table III. Blood CD4, CD8, and CD3 cells and the CD4/CD8 ratio between the 2 groups after the burn

	CD4	CD8	CD4/CD8	CD3
	(%)	(%)	CD4/CD8	(%)
Control	$32.4 \pm 6.9$	$14.8 \pm 2.4$	$2.18 \pm 0.23$	$45.3 \pm 7.0$
Gln	$31.3 \pm 4.8$	$12.8 \pm 2.2$	$2.46 \pm 0.25$	$38.5 \pm 5.8$

There were no significant differences in the CD4, CD8, or CD3 populations or the CD4/CD8 ratio between the 2 groups.













