

探討精神康復之家中消費者的照顧需求

施雅雯¹ 王瓊瑤² 楊子慧³ 謝佳容⁴

摘要：精神醫療消費者在接受社區復健過程面對許多挑戰與困境，社區慢性精神分裂病患者的實際照顧需求為何，至今本土研究主題尚未被深入探究之。本文是從精神社區醫療消費者的觀點，以北部地區二家康復之家之住民為對象，透過立意取樣共有20位住民參與本研究，應用Maslow需求階層理論為基礎，設計半結構式訪談指引，藉由深入訪談的方法，全程錄音逐字繕寫，以確保資料真實性。採內容分析法分析資料，以萃取主要概念。結果呈現精神復健康復之家的住民在生理、安全、愛與隸屬感、尊重和自我實現需求層面歸納出5個主題與13個次主題。此結果可供精神社區醫療工作者，近一步了解社區精神醫療消費者的照顧需求之內涵，藉以提升社區化照顧服務品質；並可提供政府政策修訂之參考與未來研究的參考。

關鍵詞：消費者、精神復健、照顧需求、訪談、質性內容分析。

¹台北市立聯合醫院松德院區護士 ²台北市立聯合醫院松德院區護理師 ³台北市立聯合醫院松德院區護理長 ⁴台北醫學大學護理學院老人護理暨管理系助理教授

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通訊作者地址：謝佳容 110台北市吳興街250號

電話：(02) 27361661—6330

Exploring the Care Needs of Psychiatric Patients Undergoing Rehabilitation in Halfway Houses

Ya-Wen Shih¹ • Chyong-Yau Wang² • Tai-Hui Yang³ • Chia-Jung Hsieh⁴

ABSTRACT: The consumers of psychiatric services usually confront various challenges and predicaments in the process of community rehabilitation. What exactly are the needs of chronic schizophrenia patients in the community? This question has not yet been explored in depth in Taiwan. The purpose of this study was to explore need of care from perspective on the consumer's who were the patients using psychiatric rehabilitated in the community. We adopted purposive sampling for twenty residents in two community halfway houses in the north of Taiwan. We designed the semi-structured interview guide that using the theory based on Maslow's hierarchy of needs, and conducted the in-depth interview with the participants. All interviews were tape-recorded and transcribe verbatim in order to ensure the credibility of the data. The qualitative content analysis was done. We extracted thirteen subcategories relevant to the needs of people with psychiatric diseases in the community from Maslow's five core themes: physiological, safety, love and belonging, esteem, and self actualization needs. The study will provide evidence for workers in psychiatric community services to understand the needs of psychiatric patients, while improving the quality of community services. It will provide a useful reference for policy making and future research on community rehabilitation of psychiatric patients.

Key Words: consumer, psychiatric rehabilitation, need for care, interview, content analysis.

¹RN, MSN, Songde Branch, Taipei City Hospital; ²RN, BSN, Songde Branch, Taipei City Hospital; ³RN, MSN, Head Nurse, Songde Branch, Taipei City Hospital; ⁴RN, PhD, Assistant professor, School of Geriatric Nursing and Care Management, College of Nursing, Taipei Medical University.

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Address Correspondence to: Chia-Jung Hsieh, No. 250, Wu-Hsing St., Sinyi Distric, Taipei 11031, Taiwan, ROC.

Tel: 886(2)27361661 ext. 6330; E-mail: chiajung@tmu.edu.tw