

台灣社區精神復健機構的服務現況與展望

The current and prospective issues of community services for psychiatric rehabilitation in Taiwan

謝佳容

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摘要

以社區為導向的精神醫療模式是時勢所趨，而我國慢性精神病患的社區醫療與復健問題，也一直是精神醫學領域的各個專業團體所重視的課題，而本文的目的是藉由回顧過去社區精神復健的運動，說明其重要性和發展的類型，提出於精神復健機構的核心理念與照顧原則，並以筆者們參與精神復健機構的評鑑過程，提出目前於精神復健機構實務面與政策面的問題，期盼藉由專業的省思，提出未來實務照顧和政策擬定的參考。

Abstract

There is currently a trend toward community-driven psychiatric medical services. In Taiwan, chronic psychiatric patients' community medical services and rehabilitation are always topics to which importance is attached by the psychiatric medical field. This article shows the importance of these issues and the nature of their development by reviewing the history of the community psychiatric rehabilitation movement, proposing core ideas and care principles for psychiatric rehabilitation organizations on the basis of the authors' participation in processes of evaluation of rehabilitation organizations for psychiatric rehabilitation accreditation. We hope that this article can promote professional reflection and serve as a reference in policy making and clinical care in the future.