

# Inhibition of Monoamine Oxidase B (MAO-B) by Chinese Herbal Medicines

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## Abstract

Monoamine oxidase (MAO) catalyzes the oxidative deamination of biogenic amines accompanied by the release of H<sub>2</sub>O<sub>2</sub>. Two subtypes, MAO-A and MAO-B, exist on the basis of their specificities to substrates and inhibitors. The regulation of MAO-B activity is important in the treatment of neurodegenerative diseases. Twenty-seven species of plants used in traditional Chinese medicines, selected from an ethnobotanical survey, were used in an investigation of their inhibitory effect on MAO-B in rat brain homogenates. The 50% aqueous methanol extracts of four active extracts, *Arisaema amurense*, *Lilium brownii* var. *colchesteri*, *Lycium chinense*, and *Uncaria rhynchophylla*, exhibited the best activity and selectivity towards MAO-B with IC<sub>50</sub> values of 0.44, 0.29, 0.40, and 0.03 mg/ml, respectively. A kinetic study of MAO-B inhibition by the four extracts using the Lineweaver-Burk plot for each active extract revealed the IC<sub>50</sub> concentrations, and results show that:  $K_i = 0.59$  mg/ml for *A. amurense* for the mixed-type mode,  $K_i = 0.58$  mg/ml for *L. brownii* var. *colchesteri* for the mixed-type mode,  $K_i = 5.01$  mg/ml for *L. chinense* for the uncompetitive mode, and  $K_i = 0.02$  mg/ml for *U. rhynchophylla* for the uncompetitive mode. These may therefore be candidates for use in delaying the progressive degeneration caused by neurological diseases.