

Acute Esophageal Food Impaction Treated by Water-Soluble Contrast Esophagography With Maneuvers

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摘要

Abstract

This report describes a case of acute esophageal food impaction in the lower esophagus treated by proper physical motions during esophagography using water-soluble contrast medium (WSCM). WSCM was used to avoid the complication from unexpected perforation during the examination. Relief of esophageal obstruction may be accomplished by asking the patient to jump up and down on the ground. Esophagography using WSCM combined with appropriate physical motions may be helpful in treating patients suffering from acute esophageal food impaction.