

鼻腔異物合併鼻結石－病例報告

Nasal foreign body with rhinolith

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摘要

鼻腔異物是耳鼻喉科幼兒急診或門診常見疾病，久滯於鼻腔而形成鼻結石則不常見。本例為23歲女性，因喉嚨痛就醫時，無意間發現在鼻腔有一不規則結石狀硬塊。在局部麻醉下，除去結石；將結石剝開後發現，其內包有一小型膠珠。術後追蹤4個月，病人情況良好無復發情形。

Abstract

Rhinolith is an uncommon and often asymptomatic condition, which may be found during routine physical examination, or noticed incidentally on radiographs. If undetected for many years, rhinolith may grow large enough to cause nasal obstruction and distortion or destruction of surrounding structures. Rhinolith has been reported to occur more frequently in female and the predominant site of formation is in the lower half of the nasal cavity. Usually, it consists of chiefly calcium and magnesium carbonate and phosphate. A 23 year-old lady was referred by a local medical doctor for evaluation of a large irregular, mineral mass in the left nasal cavity. The mass was removed after the 4% Lidocaine spray. After careful separation, there was a plastic ball embedded within this mass. The patient has good prognosis after four-month follow up.