

# 雙側手肘 Kimura's Disease

## Kimura's Disease with Bilateral Elbows

### Involvement

王先震

Yu CC;Chen SL;Dai NT;Chen TM;Wang HJ

#### 摘要

Kimura's 疾病是一種影響亞洲的年輕人的一種稀有，特發性的疾病。它通常侵犯頭頸部位的皮下組織，並且經常合併局部淋巴結或唾液腺侵犯。病患經常有嗜伊紅性白血球增生症並且 IG-E 上升。活檢可建立診斷。Kimura's 疾病它的病因未明，但是被認為可能是免疫反應之異常。Kimura's 疾病對類固醇治療反應良好，但是在類固醇被停止之後，復發經常發生。放射線治療和外科的切除也有效。雙側手肘的侵犯較少於文獻發現。我們於此報告一 Kimura's 疾病同時侵犯雙側手肘。

#### Abstract

Kimura's disease is a rare, idiopathic condition that usually affects young men of Asian descent. It usually presents as a deep, subcutaneous mass in the head and neck region and is frequently associated with regional lymphadenopathy or salivary gland involvement. Patients almost always have eosinophilia and elevated serum immunoglobulin E levels. The diagnosis is established by biopsy. Kimura's disease is usually self-limiting. Its etiology is unknown but is thought to be a manifestation of an aberrant allergic response. Kimura's disease responds well to oral steroids, but relapse often occurs after steroid is stopped. Radiation and surgical excision are also effective. The prognosis is excellent. This disease has no potential for malignancy. Bilateral extremities involvement is rare. We herein report an unusual case of Kimura's disease, which presented as bilateral elbow masses..