

疣狀非血絲蟲性象皮病——成功治療之病例報告

**Elephantiasis nostras verrucosa: a case  
report of effective management with  
complete decongestive therapy**

李婉若

Chiang YY;Cheng KL;Lee WR;Hu CH

**摘要**

疣狀非血絲蟲性象皮病其皮膚變化包含真皮層纖維化，表皮過度角化，疣狀突起及乳突狀病灶。主要因非血絲蟲感染之其它因素造成之慢性淋巴水腫所造成。治療目標首要減少淋巴鬱積及其衍生的併發症。本報告以簡單方式有效改善一位長期未被妥善照護之病例，並討論淋巴水腫之成因，及非侵入性完整去鬱積治療法。

**Abstract**

Elephantiasis nostras verrucosa describes the cutaneous changes including dermal fibrosis, hyperkeratotic, verrucous, and papillomatous lesions that occur after chronic secondary, nonfilarial lymphedema. The treatment goal is to reduce lymph stasis and avoid further complications. We report a case of elephantiasis nostras verrucosa without adequate care before effectively managed by simple treatment. Other differential diagnoses and non-invasive complete decongestive therapy (CDT) were also discussed.